

BROCCOLI CRUNCH SALAD

Ingredients

1/3 C canola mayo
3 TBS Greek Yogurt (the more fat the better)
1 TBS apple cider vinegar
1 TBS honey
salt and pepper to taste
1/4 of a red onion, finely chopped
1 large bunch of broccoli, chopped into very small florets
1/2 C slivered almonds
1/2 C dried cranberries

Instructions

In a bowl, combine first five ingredients, stirring well
In a large bowl, combine all other ingredients, then pour the dressing over the top, mixing well to combine.
Cover and let it sit in the fridge for at least one hour before serving.