

ARBONNE VANILLA PROTEIN PANCAKES (V, GF)

Servings - 3 pancakes, 9 total

Ingredients:

- 1 C oats
- 1 heaping scoop vanilla protein powder (Arbonne or other)
- 1 banana
- 1 1/4 C unsweetened almond milk
- 1 TBS coconut oil, melted + more for cooking
- 1 TBS almond flour
- 1 tsp baking powder



Directions

1. In a blender, combine all ingredients until it becomes creamy.
2. Heat a large pan with coconut oil and pour about 1/4 C batter down for each pancake. These take a little longer to cook (about 5-8 minutes per side, and should be thin.
3. Serve with a small drizzle of agave or maple syrup and fresh blueberries.